

ABSENCES & MEDICAL INFORMATION



Absences

If your child will be absent from preschool, we kindly ask that you give us a courtesy phone call or email at your earliest convenience.

If your child has been diagnosed with an infectious illness (such as chickenpox, conjunctivitis, influenza, or hand, foot and mouth disease), please inform us as soon as possible so we can support the health and wellbeing of all children and staff.

For further information and recommended exclusion periods, please refer to SA Health guidelines – School Exclusion periods.

Child and Family Health Service Checks

Vision, hearing, and developmental check-ups are offered each term through the Child and Family Health Service (CAFHS) for children aged 4–5 years.

These 30-minute appointments are attended by a parent or caregiver and include monitoring your child's growth, as well as checking their vision and hearing. The nurse will also discuss your child's developmental milestones and overall health and wellbeing, including topics such as nutrition, safety, immunisations, emotional wellbeing, and school readiness. Guidance may also be provided on daily routines, play, dental health, and available community supports.

Appointment times are limited, and an educator will contact you with available options. Please note that CAFHS appointments are also available outside of the kindergarten setting.



School Exclusion Periods			
If your child has an infectious condition, you may need to keep them home from day care or school to stop it from spreading. Here's a list of common childhood illnesses and their recommended exclusion periods.			
Chickenpox Once all blisters have dried (usually 5 days)	Conjunctivitis Once discharges from the eyes have stopped	COVID-19 If positive COVID-19 test, they should only return after symptoms go	Diarrhoea 1 day after the last loose stool (most of the stool is watery)
Gastroenteritis 1 day after the last loose stool (most of the stool is watery)	Hand, foot and mouth disease Once all blisters have dried	Head lice No exclusion period as long as effective treatment has started	Impetigo Until all blisters have dried and there are no more blisters
Influenza (flu) Until well	Measles About 4 days after the first rash	Mumps 5 days and the swelling goes down	RSV Until all symptoms go, and they feel well
Rubella In total 4 days after the first rash, or until they have recovered fully	Scabies 1 day after appropriate treatment has started	Whooping cough 1 day after appropriate treatment has started	No exclusion period: • Cough • Throat sore

Medication

If your child requires prescribed medication during session times, please speak with educators to arrange the completion of a Medication Consent Form. All medication must be handed directly to an educator for secure storage at the kindergarten—medication must not be left in your child's bag.

If your child has a diagnosed medical condition such as asthma, anaphylaxis, or allergies (mild, moderate, or severe), families must provide a current medical management plan completed by a registered medical practitioner. This may include conditions requiring the use of an inhaler, antihistamine, or EpiPen. Please speak with educators to ensure all documentation is in place and appropriate procedures can be followed to support your child's health and safety.

If your child requires medication such as paracetamol (e.g. Panadol), cough medicine, or similar treatments prior to attending kindergarten, this may indicate they are not well enough to participate in the program. In these circumstances, we kindly ask that children remain at home to rest and recover.

